

# Mounjaro *Dosages*

Mounjaro works by mimicking the actions of natural appetite-regulating hormones, GLP-1 and GIP, which can lead to reduced appetite and slower gastric emptying.

Everyone starts their Mounjaro dosage at 2.5mg, and most people will gradually increase dosage as they make weight loss progress. How do the dosages work?

Mounjaro Dosage:	When to Take:
2.5mg	Starting dose for the first 4 weeks
5mg	For at least 4 weeks
7.5mg	For at least 4 weeks
10mg	For at least 4 weeks
12.5mg	For at least 4 weeks
15mg	For at least 4 weeks, maximum dosage

It's important to pay attention to your body's signs, and increase your dosage gradually. If you're experiencing severe side effects, keep your dosage lower until your body has adjusted.

We'll send you a survey about three weeks into your monthly medication, to see how you're doing. We **won't** automatically increase customers' dosage, so please look out for and fill out the survey.

Additionally, as you increase your dosage to 7.5 and 12.5mg, there will be price increases in the medication.